

## TASHBAR SEPHARDIC YESHIVA KETANA

Candle Lighting: 4:29

Shabbat Ends: 5:29/6:00

December 21st, 2019 פרשת וישב

## MESSAGE FROM THE MENAHEL



Dear Parents,

Every year, when we read the story of Yosef and his brothers, I am pained again. How could such a thing take place? The hatred had to be intense for the brothers to tear an innocent young man away from his family, frame his death, and sell him into slavery. This seems to be treatment not befitting the בני יעקב. But who does Chazal blame? Yosef for sharing his dreams? No. The brothers for their treatment of Yosef? No.

ואמר רבא בר מחסיה אמר רב חמא בר גוריא אמר רב: לעולם אל ישנה אדם בנו בין הבנים, שבשביל משקל שני סלעים מילת שנתן יעקב ליוסף יותר משאר בניו - נתקנאו בו אחיו, ונתגלגל הדבר וירדו אבותינו למצרים שבת י"ע"ב

The Gemara says that one should never favor one child among their children for because of a small amount of wool (contained in the כתונת פסים) that Yaakov gave Yosef over his other brothers, they became jealous and their feelings developed to the point where our fathers ended up going down to Egypt. Our חכמים place the blame on יעקב אבינו for planting the seeds that created the initial jealousy.

Yes, sibling rivalry is as old as the first pair of siblings in history, Kayin and Hevel. As parents, it hurts when our kids fight. But our חכמים are telling us that we hold the power to cut the sibling rivalry, based on how we relate to our children. Here are some tips from an educational expert to minimize jealousy amongst siblings:

- Refrain from comparing behaviors. Never compare or praise one kid's behavior in contrast to a sibling: it can create long-lasting strains. "Why can't you be more like your sister?" "Why aren't you organized like your brother?" All too easily, kids can interpret such comparisons as: "You think he's better than me" or "You love him more." It unfairly puts pressure on the sibling you praised and devalues your other child.
- Listen openly to all sides. Listening fairly to your kids is not only a powerful way to convey that you respect each child's thoughts and want to hear all sides: "Thanks for sharing. Now I want to hear your brother's side." The key is to build a fair relationship with each sibling so that he or she knows not only that you value each opinion and you're an unbiased listener.
- Never compare schoolwork. Kids should compare their schoolwork, test scores, and report cards only to their own previous work—never to the work of their siblings or friends. Instead of stimulating a child to work harder, comparisons are more likely to fuel resentment.
- Avoid using negative labels. Family nicknames like Shorty, Clumsy, or Klutz can cause unfair family ribbings and fuel sibling resentment. "Don't worry, he's just the family klutz"—as well as become daily reminders of incompetence. These kinds of labels often stick and become difficult to erase, not only within but also outside your family as well.
- Nurture a unique strength for each sibling. All kids deserve to hear from parents what makes them unique. Knowledge of that talent nurtures their self-esteem as well as setting them apart from their siblings. Ideally, you should nurture a different strength for each sibling based on natural temperament and interests. Once you identify the talent, find opportunities to cultivate and validate it so each child can be acknowledged for their strength.
- Find special alone time with each child.
- Reinforce cooperative behavior. Don't overlook one of the simplest ways to boost sibling harmony: catch them supporting each other. The moments may be few and far between, but when they do help, share, cooperate, and work well together, tell them you appreciate their efforts. They're more likely to repeat the behaviors because they know that's what you want them to do

May Hashem bless our homes with שלום ורעות אחוה always! Much Nachat!

Shabbat Shalom!  
Rabbi Moshe Abady

## MESSAGE FROM OUR GENERAL STUDIES DIRECTOR



### Seeing What We Learn... in Real Life!

Recently I joined Ms. Nielsen's fifth graders on a field trip to the Los Angeles River. It was amazing to see how well the students integrated what they learned in the classroom with their nature visit. The trip was the culmination of their study of water in the world (Science) and California (Social Studies).

The Los Angeles River is a major river in Los Angeles County, California. Its headwaters are in the Simi Hills and Santa Susana Mountains. The river flows nearly 51 miles from Canoga Park through the San Fernando Valley and Los Angeles, to its mouth in Long Beach. The Torat Hayim shul is actually built on top of the river path!

The LA River has been returned to a natural environment in some places, and the students were able to see its water and observe wildlife such as coots, ducks, cormorants, and snowy egrets. They also saw bird and raccoon tracks.

In previous weeks' STEM activities, the fifth graders designed and constructed filters in class that could be used to clean debris from storm drains before they entered the river and ocean. On the field trip, they could see the effect of debris reaching the river.

Thanks to Mrs. Seliger and Mrs. Kohanchi for driving and chaperoning!

-Rabbi David Miller



## MESSAGE FROM OUR PRESCHOOL DIRECTOR

Chanukah is such an inspiring Chag. We celebrate the nissim and niflaot that Hakadosh Baruch Hu did for us many years ago! In Preschool, we have been learning all about Chanukah and the exciting halachot and minhagim we do on Chanukah as a family. We at Tashbar Preschool have grown into a warm and loving family with the support of our lovely parents and the love and dedication of our wonderful teachers and we look forward to celebrating a Chanukah of happiness and light together!

There's a machloket between Bet Hillel and Bet Shamai on how to light candles. Bet Hillel says you should add a candle every night starting from 1 and adding on a candle each night until 8, and Bet Shamai says you should light 8 candles the first night and count down every night until 1. We follow Bet Hillel whose reasoning to light this way is מעלים בקודש ולא מורידים (we want to go higher in kedusha and not lower) May we all continue to see our children grow higher and higher in Torah, Middot Tovot and Kedusha!!

Shabbat Shalom and Chanukah Sameach!!!

-Morah Chaya Motamedi

## PRE1 NEWS-KODESH

There's lots of light shining in Pre1! We are learning all about Chanukah and the ניסים Hashem did for us! This week we learned the letter "ר". The Mitzvah we are working on is to be רודף שלום. How can we make sure to get along with others? What should we do if someone says "sorry"? These are some real life scenarios that our wise Pre1 students can help you figure out! We have learned many נקודות and are blending beautifully! In honor of that, we "blended" up delicious smoothies!! What a treat! Morah is so proud of all our Pre1 בנות who are spreading light with their midot tovot and Torah learning! Keep it up!

-Morah Gila Cohen

## PRE1 NEWS-GENERAL STUDIES

We've had a SENSATIONAL week learning about the letter S! We learned about the five SENSES (SMELL, SIGHT, taste, hearing and touch) and we took a walk around the block where we practiced using our SENSES. We also learned about different people who don't have all their SENSES. We learned how blind people can STILL read by learning Braille. We then figured out SOME words using Braille letters, practiced writing them and then blended them! The girls are doing a SUPER job reading already! We also made wrote our own names in Braille, made S's out of little SQUISHY balls and made our very own SLIME!

-Morah Simi Yellen



## STUDENT SPOTLIGHT

Pre1-Rina Zaggy

1<sup>st</sup>-Osnat Ahoobim

2<sup>nd</sup>-Yehudit Moeinzadeh, Meira David

3<sup>rd</sup>-Hodaya Nourollah

6<sup>th</sup>-Atara Kohengadol

8<sup>th</sup>-Hodaya Flactman

## UPCOMING EVENTS

December 23<sup>rd</sup>-26<sup>th</sup>-Chanukah, 3:45 Dismissal

December 27<sup>th</sup>-30<sup>th</sup>-Chanukah Recess, No School

## LUNCH MENU

**Monday-CHANUKAH CHAGIGA! Dairy hot lunch will be provided for all students in Pre1-8<sup>th</sup>!**

**Tuesday**-Breaded chicken, brown rice, salad

**Wednesday**-Chicken burgers, roasted potatoes, soup

**Thursday**-Red stew, rice

**Friday**-CHANUKAH RECESS



Our Junior High production is **SOLD OUT!**  
Tickets will not be sold at the door.

## PARASHA TREAT!

This week's parasha treat was snakes...

Ask your child to tell you more!

## PICO BNOS

There will be no Bnos next Shabbat,  
Shabbat Chanukah.

## HELP YOUR SCHOOL!

AmazonSmile is now available on the Amazon app for Android (coming soon to iOS)! Upgrade your Amazon app to include AmazonSmile and search for Tashbar Sephardic Yeshiva Ketana so that 0.5% of your purchases of eligible products will be donated to help our school!

Tashbar Sephardic Yeshiva Ketana is enrolled in the Box Tops for Education program! You can start collecting and submitting Box Tops at any time.

The school's ID number is 9683158. Box Tops are easier to submit than ever before! Parents can download the Box Tops app on their phones and scan eligible shopping receipts and the school will receive the profits!